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ACCA COMMUNIQUÉ

ALBERTA CONTINUING CARE ASSOCIATION

Wednesday, September 4, 2019

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ACCA Team Commentary

September has returned and, with it, back to school for many students across the province. It can be a time of excitement, nervousness, and maybe a little fear too, for kids and parents alike! I happened to catch a story yesterday shared by CBC in which seniors from Verve Senior Living retirement community offered great advice for kids going back to school and was struck by how similar their words are to enjoying a healthy active life at every age.

1. Be yourself!
2. Be kind to everyone!
3. Don't do drugs!
4. Be nice to everyone!
5. Work hard, study hard! (*Pictured: Ruth - Class of 1936! Photo courtesy of Videre Images*)
6. Always try to see the good in people!
7. Pay attention in class!
8. Never turn down opportunities to succeed!
9. Have a good year and study hard!
10. Listen to your teacher!



Some of these tips were also submitted by you in our "Watch the Pot Grow" Contest in which, with every tip received for healthy living and combating ageism, \$25 will go into the pot to be won by one lucky person at IQ! The pot now stands at over \$700! Keep those tips coming! Email heather.aggus@ab-cca.ca.

It's hard to believe that our [Inspiring Quality Conference](#) is less than two months away and we hope you are all able to join us in networking, learning, and celebrating the very best in Continuing Care.

Heather Aggus, Director of Communications

Save the Date: ACCA AGM & Membership Appreciation Reception

Join us on November 21 in Edmonton for our Annual General Meeting featuring Minister of Health Tyler Shandro. After the AGM, sponsored by Rexall Health Solutions, please stay for our Corporate Membership Appreciation Reception sponsored by Pharmicare Pharmacy! Complete Details coming soon.

Welcome New ACCA Members!

We are thrilled to have Genesis Integration and Procter & Gamble Inc. joining us as our newest Corporate Members! Please [click here to learn more](#) about these, and all of our Corporate Members who provide services and supports for the best possible continuing care and quality of life.



Public Policy

Continuing Care Collaborative Committee Meeting: The Committee met on August 28 and reviewed Terms of Reference, as well as current processes for Continuing Care Health Service Standards Audits. Additionally, Alberta Health reviewed the updated CC Collaborative Committee work plan that documents ongoing areas of activity organized under the themes identified at the 2018 Minister's Annual Continuing Care Forum. For complete key messages, [please click here](#).

Report and Recommendations of the Blue Ribbon Panel on Alberta's Finances: The 6 member Blue Ribbon Panel, chaired by Dr. Janice MacKinnon, released their report this week highlighting recommendations to eliminate waste, duplication and non-essential spending to fund government's key priorities while ensuring high-quality front-line services for Albertans. [Please click here](#) for a summary of the recommendations. Of particular note: the Panel specifically recommends the Government of Alberta should explore utilizing public-private partnerships with not-for-profit organizations for infrastructure and alternative financing models.

Member Value and Engagement

IQ 2019 Conference: Catch the Wave! Delegate and Exhibitor Registration are both OPEN for ACCA's Annual Inspiring Quality Conference! [IQ 2019: Catch the Wave!](#) promises to be another truly celebratory and informative event. Featuring world-class speakers, both local and international, a fantastic trade show of exhibitors, networking and learning opportunities, and our Awards of Excellence Gala dinner, don't miss out on IQ 2019!

JOIN US! IQ 2019: October 24 & 25, 2019 in Red Deer Alberta at the Cambridge Hotel & Conference Centre (formerly Sheraton Red Deer)

Community Engagement

Dementia Advocacy Canada is pleased to invite you to an online federal political forum, moderated by André Picard, Health Reporter & Columnist with The Globe and Mail. Happening September 19 at 7:00 pm EST, this webinar will demonstrate how and when the federal political parties will implement the National Dementia Strategy. ACCA will share notes on the webinar with the Membership following the session. Register at www.dementiacanada.com.

The Institute for Continuing Care Education & Research (ICCER) is hosting a networking event on October 7 with speakers Dr. Jim Silvius and Dr. Cheryl Sadowski. The session will include a review of medication-related problems in seniors, and practical



Save the Date: Edmonton Seniors' Housing Forum

The goal of the Forum is to educate participants about the range of housing options and community resources available for older adults and to guide individuals in planning appropriate future housing for themselves and/or significant others. The Forum takes place September 28 in Edmonton. [Click here](#) for information.

World Alzheimer Day: Film Screening!

The Alzheimer Society of Calgary and Dementia Network Calgary will be presenting a free screening of "Cracked: New Light on Dementia" in the theatre of the Glenbow Museum. This film is an innovative research-based theatre production that challenges the stigma associated with dementia.

A free event happening September 21 at 1:00 pm, but registration is required. Please register at www.dementianetworkcalgary.ca.

Contact Us!

approaches to improve prescribing and medication use practices.
[Click here for details.](#)

Share your comments online at www.ab-cca.ca or email heather.aggus@ab-cca.ca or any ACCA team member at any time! Regularly check the team blog for updates on strategic meetings also.

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