

**Subject: Various Silk and Great Value brand plant-based refrigerated beverages recalled due to *Listeria monocytogenes***

Dear Health System Partner,

The Canadian Food Inspection Agency (CFIA) has issued a food recall warning for various Silk and Great Value brand plant-based refrigerated beverages: 18 different types of plant-based beverages have been recalled due to possible *Listeria monocytogenes* contamination. Illnesses have been associated with the consumption of these products in Canada.

The Public Health Agency of Canada (PHAC) wants to raise awareness about the food recall warning. Food or beverages contaminated with *Listeria monocytogenes* may not look or smell spoiled but can still make people sick. Symptoms of severe listeriosis may appear up to 70 days after exposure to contaminated food or beverages.

Symptoms can include:

- Vomiting
- Nausea
- Persistent fever
- Muscle aches
- Severe headache and
- Neck stiffness

Some people like adults over the age of 60 and individuals with weakened immune systems are particularly at risk for severe illness. In severe cases of illness, people may die.

Because of the national distribution of the recalled products and the potential for severe illness, we're prompting operators of long-term care homes to follow this advice:

- Check to see if you have recalled products in your facilities and discard them immediately.
- Do not eat, serve, or use recalled products.

With diligence we can prevent people in Canada, especially those who are most at risk, from becoming sick from *Listeria* infections.

Stay up to date by receiving email notifications on product recalls through the [recall subscription service](#).

You can find links to notices and additional resources below.

- [Various Silk and Great Value brand plant based refrigerated beverages recalled due to \*Listeria monocytogenes\*](#)
- [Ontario Warns About Product Recall Due to \*Listeria\* Contamination](#)
- [Risks of listeriosis \(\*Listeria\*\)](#)

Sincerely,

April Hexemer  
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Centre for Foodborne, Environmental & Zoonotic Infectious Diseases  
Public Health Agency of Canada